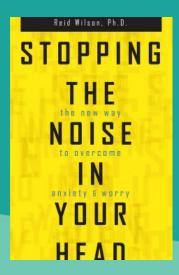
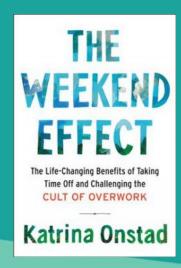
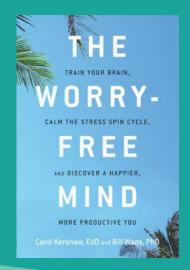
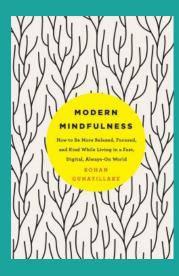
Relax

Books to help you stay calm and alleviate anxiety during stressful times.











THE AGE
OF
OVER
WHELM

Laura van Dernoot Lipsky



